

Subject

Office

I.

Task  
analysis  
conclusion  
analysis

II.

While  
risks  
management  
study  
supervision

III.

The  
protection  
education


IV.

This  
sports

V.

This

The graphic is a complex, multi-layered composition of vertical bars. The colors used include bright red, yellow, green, cyan, blue, purple, and pink. The bars vary in width and are stacked on top of each other, creating a dense, multi-layered effect. The overall appearance is that of a highly textured, abstract wall or a digital data visualization. The bars are not perfectly uniform, with some appearing slightly more prominent than others, and the colors blend and overlap in some areas, creating a rich, multi-colored palette.

  
Brian L. Johnson, PhD  
President

Date Approved: 8/31

... serious Univers compreh effort to concuss individ athlete the over symptom

... h in idual C or cu Di is are recogni as b ng a poter ia ly vary

... f ma E ged O p o p e r ] , p a r l e a d t o c a t a o p h i c c o n s e q u e n c e s . T u s k e e g e e

... that icu s n a r e p e n t i a l l y s e r i o u s i n j u r y t h a t r e q u i r e s a

... e f u l m e a s u r e p r e v e n t i o n m a n a g e m e n t . T h i s p o l i c y w a s c r e a t e d i n a n

... s i s t e n t m a n a g e m e n t p r o c e d u r e t o a n y s t u d e n t a t t e n d t h a t s u f f e r s a

... r e c e i v i n g c o n c u s s i o n , a s w e l l a s e a c h a t h l e t e , s u n i q u e a n d

... e . I n d i v i d u a l i z i n g c o n c u s s i o n m a n a g e m e n t , c o n s i d e r i n g e a c h s t u d e n t

... l i c a l h i s t o r y , n o t c l o s e l y y i c i a n i n v o l v e m e n t a n d c r i t i c a l t o t h i s p o l i c y a n d

... r s t u d e n t a t t e n d e e s . T h e p u r p o s e o f t h i s p o l i c y i s t o r e v i e w t h e s i g n s a n d

... w i t h y i c u s s i o n s , h e a d a m e n t , a n d t u r n t h e p l a y p r o t o c o l .

Tuskegee Therefore the scop have suit

... es th t c o n c u s s i o n s m a y o c c u r c o n s i d e o p a r t i c i p a t i n g i n a s p o r t .

... e n t o a r h o s t u s e n a t l e t e w i t h s t a c o n c u s s i o n m a y o c c u r o u t s i d e

... o w e r r e t u r n t h e p a y d e c i s i o n f o r t h e s t u d e n t a t h l e t e t h a t m a y

... t s i d e o f s p o r t a t t e n d e e p a r t i c i p a t i o n w i l l b e g u i d e d b y t h i s p o l i c y .

**I. PURPOSE**

Prior to Univers training how to manage

... n , e n r s t u d e n t a t h l e t e c o a c h w i l l e d u c a t e d o n t h e T u s k e e g e e

... M a j o r e m e P o l i c y o p a r t i c i p a t i n g i n t h e " R e s p o n s e a n d R e c o g n i t i o n "

... o n t h e U n i t e d E d u c a t i o n s w e b s i t e . T h i s t r a i n i n g w i l l e d u c a t e e a c h p a r t y

... a n d i m p t o s o f c o n c u s s i o n , a s w e l l a s c u r r e n t t r e n d s i n c o n c u s s i o n

At the c acknowl exhibitin Medicin

... e e d a c t i o n s e s s i o n e a c h s t u d e n t - a t h l e t e a n d c o a c h w i l l s i g n a s t a t e m e n t

... h e e d u c a t i o n s w e l l a s t h e i r r o l e i n r e p o r t i n g a n y s t u d e n t - a t h l e t e

... s o f t h e a p p r o p r i a t e m e m b e r o f t h e s p o r t s

**II. INDICATORS**

Concuss Research managed followin

... i n j u r i e s c a n b e s e v e r e a n d p o t e n t i a l l y l i f e t h r e a t e n i n g i n j u r i e s .

... n j u r i e s c a n a l s o b e s e r i o u s c o n s e q u e n c e s t a t e r i n l i f e i f n o t

... s y m p t o m s o f c o n c u s s i o n m a y i n c l u d e b u t a r e n o t l i m i t e d t o t h e

- F
- I
- I

- Delayed verbal or motor responses
- Vacant stare
- Convulsions
- Weakness of facial muscles, arms, or legs
- Loss of appetite

Exercise or activities that require a lot of concentration may cause symptoms to re-appear or worsen, thus increasing the time one needs to recover from a concussion.

### **III. BASELINE TESTING**

According to the Center for Disease Control (CDC) baseline testing is a pre-season exam conducted by a trained health care professional. Baseline tests are used to assess a Tuskegee University athlete's balance and brain function (including learning and memory skills, ability to pay attention or concentrate, and how quickly he/she thinks and solve problems), as well as for the presence of any concussion symptoms. Results from baseline tests (or pre-injury tests) can be used and compared to a similar exam conducted by a health care professional during the season if a concussion occurs. Baseline testing generally takes place during the pre-season – ideally prior to the first practice.

#### **A. THE PLAN**

The process will begin with pre-season baseline testing. Every new (first year or transfer) student athlete in the sports of baseball, basketball (men and women), football, gymnastics, soccer, softball, cheerleading, track and field (pole vaulters and high jumpers), and volleyball must receive a pre-season baseline assessment for concussion which involves a check for concussion symptoms, as well as balance and cognitive (such as concentration and memory) assessments.

- The respective team's athletic trainers will conduct the following assessment for all new athletes: Computerized or paper-pencil neuropsychological tests may be included as a piece of an overall baseline test to assess a student-athlete's concentration, memory, and reaction time.
- The respective team's athletic trainer will also provide the educational material to all athletes on their respective teams and will acquire appropriate signatures on specific documentation.

During the baseline pre-season test, healthcare professionals should also assess for a prior history of concussion (including symptoms experienced and length of recovery from the injury). It is also important to record other medical conditions that could impact recovery after concussion,

... 2-3 ... 24 hours, 48 ... The presence of ... symptoms will dictate ...

... symptoms of concussion will not ... activity for the ... and or the ... athletic trainer) ... involved. ... the ... or athlete capable ... are received.

**CONCUSSION WITH ...**

... HAVING A CONCUSSION IS PERMITTED TO RETURN ... TO PLAY THE SAME DAY ... PERMITTED TO RETURN TO PLAY ...

**Baseline Testing:** per ... on each athlete upon entering as a student, ... (reestablish a baseline)

**Time of Injury:** clinical evaluation, GSC, and appropriate referral ... information can be taken ... if needed

**Follow-up evaluation:** to track significant symptoms ... when

**Administered or physician deemed necessary:** Paper-Peril Neurophysiology ...

**Once the athlete becomes asymptomatic:** for 24 hours before any ... and the ... must be

**Return to Play Protocol**

... allows the athlete to be active in volume and intensity during ... to play ... and after each ... takes place.

... 5 ...

- Step 2: Intervene with appropriate medical care and other activities as needed to stabilize vital signs.
- Step 3: Running specific activities as tolerated by the athlete; monitor signs/symptoms as well as vital signs.
- Step 4: Limited return to practice; monitor signs/symptoms as well as vital signs.
- Step 5: Return to full participation in practice.

**IV. REPORTING A CONCUSSION**

Anyone that suspects a student athlete has a concussion, must immediately report the injury to the appropriate member of the University Sports Medicine Staff.

**V. ACUTE MANAGEMENT OF A CONCUSSION**

Any athlete that suffers from symptoms of a concussion must be removed from athletic participation for an evaluation by the Sports Medicine Staff. A decision to transport the athlete to a local hospital for emergency care will be made by the Sports Medicine Staff.

Once a concussion is diagnosed, the athlete will be transported to a hospital for emergency care. Once the athlete is stabilized, a physician will administer appropriate medical care. Once the athlete is stable, they will be transported to the hospital for further treatment. Once the athlete is stable, they will be transported to the hospital for further treatment. Once the athlete is stable, they will be transported to the hospital for further treatment.

**VI. POST-ACUTE CONCUSSION MANAGEMENT**

Follow-up physician care will be performed as determined by the Sports Medicine Staff. Once a student-athlete has been diagnosed with a concussion, they will be transported to the hospital for further treatment. Once the athlete is stable, they will be transported to the hospital for further treatment. Once the athlete is stable, they will be transported to the hospital for further treatment.

5. ... contact practice - following medical clearance a participant in ...
6. ... return to play - Normal game play
7. ... clearance

This protocol is a systematic approach. Each athlete can and should continue to progress to the next level if asymptomatic at the current level. Each step should take 24 hours unless otherwise directed by the team physician. If any post-concussion symptoms occur during this period, the athlete will drop back to the previous step. If symptoms occur again, the athlete will drop back to the previous step. If symptoms occur again, the athlete will drop back to the previous step.

**NO ATSYMPTOMATIC AND TRAINING AS VULNERABLE TO RETURN TO FULL ACTIVITY OF COMPETITION UNTIL CONTACT ACTIVITIES, WEIGHT**

**VERIFICATION OF FACTORS IN CONCUSSION MANAGEMENT**

Tuskegee University recognizes that there are several factors that influence the return to play on campus. These factors include:

- Medical History
- Symptoms
- Education
- Prior

If it is determined by the sports medicine staff that the athlete should follow a management protocol, it is important to ensure the safety of the athlete during recovery. A neurologist or other specialist should be consulted by the physician. The athlete should not return to play until fully recovered.

The evaluation process from initial evaluation, until the athlete is ready to return to full participation, should include any diagnostic testing that shall be conducted in the event of a concussion.

TO ID# \_\_\_\_\_ Date of Birth \_\_\_\_\_  
Signature \_\_\_\_\_ Date \_\_\_\_\_  
Parent/Guardian Signature (if under 18) \_\_\_\_\_ Date \_\_\_\_\_

DO  
atk  
lu



recognizing and responding to concussions and head injuries  
NCAA.

**Athletic Personnel Agreement:**

I \_\_\_\_\_ have complete  
video on the United Educators website, facilitated by personnel  
understand the signs, symptoms, and behaviors that are associated  
remove the athlete from practice/play if exhibited and/or is suspected. I understand that it is my  
responsibility to inform the team physicians and/or athletic trainers if I suspect a concussion or if  
a suspected concussion is reported to me and that the athlete cannot return to practice or play  
before providing me with written clearance from the team physician.  
I am aware of the possible consequences of the athlete returning to practice too soon.

Signature \_\_\_\_\_  
Athletic Personnel

Sport \_\_\_\_\_

Date \_\_\_\_\_  
and to  
impo  
elines

University's Concussion Management Plan. By signing this form you are stating that you understand the guidelines set forth by the NCAA and agree that these protocols are followed by everyone within Tuskegee University's Athletic Department.

By signing this form you are stating that you have the necessary medical training and understand the standard of care expected by the NCAA management guidelines. I also understand that I serve as a medical provider in the best interest of Tuskegee University when managing suspected concussion cases. Failure to manage this protocol in a responsible manner would be in direct contrast to the Hippocratic Oath that I, as a medical provider, understand my responsibilities to the management of the Concussion Management Plan and acknowledge the management role that I must play in order for it to be effective.

**Medical Providers Agreement:**

I \_\_\_\_\_ have completed and understand the standard of care expected by the NCAA management guidelines. I also understand that I serve as a medical provider in the best interest of Tuskegee University when managing suspected concussion cases. Failure to manage this protocol in a responsible manner would be in direct contrast to the Hippocratic Oath that I, as a medical provider, understand my responsibilities to the management of the Concussion Management Plan and acknowledge the management role that I must play in order for it to be effective.

By signing this form you are stating that you have the necessary medical training and understand the standard of care expected by the NCAA management guidelines. I also understand that I serve as a medical provider in the best interest of Tuskegee University when managing suspected concussion cases. Failure to manage this protocol in a responsible manner would be in direct contrast to the Hippocratic Oath that I, as a medical provider, understand my responsibilities to the management of the Concussion Management Plan and acknowledge the management role that I must play in order for it to be effective.

Signature \_\_\_\_\_  
Medical Provider

Sport \_\_\_\_\_